

## **About the *Young People's Networking Dialogue on Recovery***

The Substance Abuse and Mental Health Services Administration (SAMHSA) will convene a ***Young People's Networking Dialogue on Recovery*** at the Renaissance Harborplace Hotel in Baltimore, MD on December 13, 2010. This day-long meeting will provide participants – primarily young people (18 – 25 years of age) in recovery and family members of young people in recovery, an opportunity to share creative ideas about developing a community-based recovery-oriented system of care for young people in or seeking recovery. A list of objectives for the meeting is attached.

During the day, up to 50 young people and family members of young people in recovery will interact and participate in panel presentations and working groups on a diverse range of topics to give a voice to their ideas and creative input for how to improve care and support. For example, sessions will address:

### About the Morning Sessions (subject to revision)

\* ***Opening Session*** -- Perspectives on Young People & Recovery (SAMHSA)

\* **Panel A -- *Young people in recovery***; a panel of young people will speak about their recovery experience and articulate what the supports, care and attitudes they believe are needed to sustain recovery, whether or not they received them. Other topics to be discussed may include:

- a) Recovery capital – what does it mean for a young person?
- b) Potential community partners, and
- c) Ways/opportunities to support other young people seeking or in recovery
- d) Prevention and early intervention strategies that would have worked for them.

\* **Panel B- *Health professionals, substance use disorder experts, federal or coalition / organization leaders knowledgeable about young people in/seeking recovery*** – a panel discussion on a range of related topics including:

- a) Representative grassroots programs and community-based organizations operating in diverse communities that focus on youth recovery.
- b) Ways to engage community organizations to support elements of youth recovery;
- c) Ways for young people to contribute to youth recovery programs/activities.

\* **Panel C: A Reactor panel of young people** reacting to both panels above; an opportunity to ask questions to specific presenters

\* **Questions & Answers** – All

About the Afternoon Sessions (subject to revision)

**\* Two working groups\*:**

**Involving family members** in:

- Peer-to peer counseling
- Communication strategies and practices, including new media &
- Advocacy
- Community outreach
- Workforce opportunities

**Involving young people** in: (same topics as above for family members)

\* Specific discussion questions during the breakouts will be intended to lead to identifying elements of a successful recovery-oriented system of care for young people; and engaging both young people and families in activities that contribute to recovery-oriented systems of care.

**Closing Session:**

- a) Summary reports from above working groups; Q/A for the working groups;
- b) All: Building a community-oriented, youth-focused recovery model for 2020: defining concepts and practices that could be adapted by diverse communities-rural, urban, small, large, with different cultural/racial populations.
- c) What's next for SAMHSA? Keeping the momentum from today going.

## Meeting Objectives

### *Young People's Networking Dialogue on Recovery*

Renaissance Harborplace Hotel in Baltimore, MD.

- To provide a forum for young people to describe the challenges and successes of their own personal recovery that could inform elements of a new recovery-oriented system of care.
- To elicit from young people concepts and services that they identify as being critical to recovery, including home/school/community recovery capital, relapse prevention and interventions, meaningful family involvement where appropriate, and overcoming stigma and discrimination.
- To provide a forum for family members to describe the gaps they identify in current treatment and recovery programs, policies, and research activities that could be addressed in a new recovery-oriented system that increases family involvement at the practice, program and policy level of recovery programs.
- To provide young people with examples of opportunities to contribute as recovery peer mentors and advocates, including activities that address policy issues and systemic problems related to services and resources.
- To instill in participants (both young people and family members) a sense of optimism about future directions in building a recovery-oriented system of care (by hearing current and potential plans from federal and state agencies, non-profits, and other experts and by organizing as young people in recovery.)
- To identify and describe creative ways to effectively mobilize community-based resources to support youth recovery.