

## Sample Commitment Card

Give each participant a commitment card at the end of the workshop. Encourage them to write down one thing they pledge to do to help address the problem of teen prescription drug abuse either in their home, at school, on the field or in their practice.



### Commit to Make a Difference!



Write down one thing you plan to do following this workshop to help make a difference.

**I pledge to help prevent teen prescription drug abuse in my community by:**

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Keep this card in your wallet or purse as a reminder of the important role you play in helping teens make positive life choices.

*For more information and updated resources, visit the National Council on Patient Information and Education (NCPiE) at [www.talkaboutrx.org](http://www.talkaboutrx.org).*

Maximizing Your Role as a Teen Influencer: *What You Can Do To Help Prevent Teen Prescription Drug Abuse*



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