

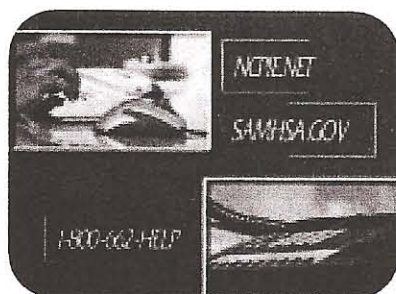


**ON TAPE**

# TV TAKES

**NORTH AMERICAN PRECIS SYNDICATE, INC.**  
350 FIFTH AVENUE • NEW YORK, NY 10118-0110 • (212) 867-9000

## POINTERS FOR PARENTS



THE BAD NEWS ABOUT TEEN DRUG ABUSE IS THAT IT'S BOTH COMMON AND VERY DANGEROUS. THE GOOD NEWS IS PARENTS CAN TAKE STEPS TO PROTECT THEIR TEENS.

ACCORDING TO THE SUBSTANCE ABUSE AND MENTAL HEALTH SERVICES ADMINISTRATION, NEARLY ONE IN FIVE TEENS REPORTS TAKING PRESCRIPTION MEDICATIONS TO GET HIGH. A NEW NATIONAL OUTREACH PROGRAM, "NOT WORTH THE RISK—EVEN IF IT'S LEGAL," SPONSORED BY THE NATIONAL COUNCIL ON PATIENT INFORMATION AND EDUCATION, OFFERS THESE TIPS: LOCK YOUR MEDICINE CABINET OR KEEP MEDICINES THAT COULD POTENTIALLY BE ABUSED IN A LESS ACCESSIBLE PLACE. AVOID STOCKPILING MEDICINES.

KEEP TRACK OF HOW MUCH IS IN EACH BOTTLE OR CONTAINER IN YOUR MEDICINE CABINET. MONITOR YOUR CHILD'S INTERNET USE. WATCH FOR SUSPICIOUS WEB SITES AND E-MAILS THAT SEEM TO PROMOTE THE ABUSE OF PRESCRIPTION MEDICINES. REMEMBER: STUDIES SHOW YOU CAN CUT THE LIKELIHOOD OF A TEEN ABUSING DRUGS BY UP TO FIFTY PERCENT JUST BY TALKING TO YOUR TEEN.

FOR MORE INFORMATION, CALL 1--800--6-6-2--HELP OR VISIT THE WEB SITES S-A-M-H-S-A--DOT--GOV OR N-C-P-I-E--DOT--NET.