

Ten Questions to Ask About the Medicines You Take

1. What's the name of the medicine, and what is it for?
2. How and when do I take it, and for how long?
3. What side effects should I expect, and what should I do about them?
4. Should I take this medicine on an empty stomach or with food?
5. Should I avoid any activities, foods, drinks, alcohol or other medicines while taking this prescription?
6. If it's an eleven-a-day dose, is it best to take it in the morning or at night?
7. Will this medicine work safely with my other medications, including other prescription medicines, over-the-counter medicines, vitamins and other supplements?
8. When should I expect the medicine to begin to work, and how will I know if it's working?
9. How should I store it?
10. Is there any additional information I should know about this medicine?